

Airwave Health Study Update 2024

NARPO members: If you joined the Airwave Study during your police career, please read!

WOULD YOU BE WILLING TO SHARE YOUR EMAIL ADDRESS?

When we began the Airwave study back in 2003, people communicated mostly by letter, telephone and fax. Since then, digital communication has become an important part of how we stay in touch. About 50% of our 53,000 cohort have provided us with an email address, and we would like to communicate with everyone this way. If you are a participant in the Airwave Study and haven't heard from us, it may be that the contact details we hold for you are outdated. By registering your email address with us we can save trees and energy and spend more money on the research too.

If you have not yet updated us with your email details, please do so by emailing airwave@imperial.ac.uk. You can opt out of receiving emails at any time.

AIRWAVE NEWSLETTER 2023

We wrote to the cohort last year with a newsletter containing lots of updates such as **research results, ongoing work** and **our support of the NHS and national scientific discoveries**. The [2023 newsletter](#) is available to download and more information is available on our website police-health.org.uk.

AIRWAVE PARTICIPANT ADVISORY GROUP (APAG)

We recently held our first APAG meeting, comprising of 8 participants from across England, Scotland and Wales, which provides a platform for participant's voices to be heard and to help us to improve our research into the health of police officers, staff and the wider community. You can find out more [here](#). Dr Kirsten Bell's research into the experience of Airwave study participation and involvement is also underway.

HEARING TEST AT HOME

Is your hearing as sharp now as it was when you first joined the police service? We are currently offering a hearing test you can do online at home. You'll get feedback on your performance, and there'll be a chance to repeat the test to detect changes over time. Just make sure we've got your current email address, and we'll send an invitation to your inbox. There is a cognitive test and health and lifestyle survey available to complete too.



Thank you all for your support over the years, and we look forward to working with you over the coming decades.

Professor Paul Elliott, CBE, [Airwave Principal Investigator](#)